



5. 24. 23

Shoshone School District and Lincoln County Recreation Center are excited to announce they are an official host for the "MURPHY CHALLENGE 2023" to honor the memory of all that have served our country in the military. This event will be kicked off by Eli Gough, Director of the Lincoln County Recreation Center, in the gymnasium at Shoshone Schools, 2:30 p.m. on May 24, 2023.

The Challenge

1 MILE RUN
100 PULL-UPS
200 PUSH-UPS
300 SQUATS
1 MILE RUN
"MURPH"



*modifications allowed and encouraged

Shoshone Schools and Lincoln County Recreation Center will have equipment and modified options set up and ready to go on the day of the challenge. While the challenge is not about the time, we will provide a time for those participants interested in the "Murphy Leaderboard." More information about this event is available at www.themurphychallenge.com.

To register through the school, participation is \$15 per student and \$25 per adult. Please complete and return the registration form below, along with cash or a check payable to Shoshone Schools to either the elementary or H.S. office.

If you cannot attend but would like to donate \$15 for a Shoshone student to participate, that can't afford the registration fee, please check the donation box below and send cash or a check payable to Shoshone Schools to either of the school offices.

In order to ensure you receive a t-shirt on challenge day please register no later than Thursday, April 27. All participants that complete the challenge will earn a "Murphy" t-shirt. If you register through the school your t-shirt will be presented with much fanfare upon completion of the challenge. If you register through www.themurphychallenge.com the fee begins at \$30.00 and your t-shirt will be mailed to you.



Name: _____
Last Name First Name Phone Number

Adult T-shirt size: ___Small ___Medium ___Large ___X-Large ___XX-Large ___XXX-Large

If participant is under the age of 18
parent permission signature is required. _____
Parent/Guardian Signature

Yes, my name is _____ and I am donating \$15 for a Shoshone Schools
(optional)
student to participate in "The Murphy Challenge".