

**Non Instructional Operations
Wellness Policy**

Shoshone Jt. School District is committed to the optimal development of every student. The Wellness policy outlines the District's approach to ensuring environments and opportunities for all students to practice healthy eating and physical activity behaviors throughout the school day while minimizing commercial distractions. This policy applies to all students, staff and schools in the District. Specific measurable goals and outcomes are identified within each section below.

The District wellness committee meets a minimum of one time per *year* to review the policy and make appropriate revisions, as deemed necessary. The wellness team will establish goals for and oversee school health and safety policies and programs, including development, implementation and periodic *review* and update of this district-level wellness policy

The Wellness committee represents all school levels k-12 and consists of school superintendent, principals, child nutrition director, physical education teacher, parents, and community members.

Leadership

The Superintendent or designee(s) will convene the wellness committee and facilitate development of and updates to the wellness policy, and will ensure each school's compliance with the policy.

Implementation & Revisions

The District will develop and maintain a plan for implementation to manage and coordinate the execution of this wellness policy. Shoshone School District uses the assessment tool provided by the Idaho Wellness Progress Report, provided by the Idaho State Department of Education. Updates/revisions to the policy are made using the assessment plan. Revisions to the policy also occur as district priorities change; community needs change; new health science, information, and new Federal or state guidance or standards are issued.

Recordkeeping

The District will retain records to document compliance with the requirements of the wellness policy on the District's central computer network and on file at the Child Nutrition Office. Documentation maintained in this location will include but will not be limited to:

- The written wellness policy;
- Documentation of efforts to review and update the Local Schools Wellness Policy; including an indication of who is on the wellness policy team
- Documentation of compliance of meeting attendees and date

- The most recent assessment on the implementation of the local school wellness policy;
- Documentation demonstrating the most recent assessment on the implementation of the Local School Wellness Policy has been made available to the public.

Annual Notification of Policy

The District will actively inform families and the public each year of basic information about this policy, including its content, any updates to the policy and implementation status. The District will make this information available via the district website and/or district-wide communications. The District will provide as much information as possible about the school nutrition environment. This will include a summary of district events or activities related to wellness policy implementation. Annually, the District will also publicize the name and contact information of the school officials leading and coordinating the committee, as well as information on how the public can get involved with the school wellness committee.

Community Outreach

The District will use electronic mechanisms, such as email or displaying notices on the district's website, as well as non-electronic mechanisms, such as newsletters, presentations to parents, or sending information home to parents, to ensure that all families are actively notified of the content of, implementation of, and updates to the wellness policy, as well as how to get involved and support the policy. The District will ensure that communications are culturally and linguistically appropriate to the community, and accomplished through means similar to other ways that the district and individual schools are communicating important school information with parents.

Legal Reference: Sec 204-, Child Nutrition and WIC Reauthorization Act of 2004

Policy History:

Adopted: June 10, 2008
Revised: September 08, 2020
Reviewed: September 2020